



Wootton St. Peter's C of E Primary School

Our children become the rocks upon which a better world can be built.

Our Vision: **Our children become the rocks upon which a better world can be built. We explore the values of perseverance, compassion and courage to open up horizons of hope and aspiration.**

www.wootton-school.co.uk

SCHOOL NEWS

19.04.24

Upcoming Dates:

- Thursday 25th April-** YR5 Forest school AM.
- Monday 29th April-** Fire and Rescue visiting Moonstone.
- Wednesday 1st May-** School meals increase to £2.55 a day.
- Thursday 2nd May-** YR5 Forest school AM.
- Friday 3rd May-** Moonstone Puberty workshop.
- Friday 3rd May-** Police visiting Moonstone (bullying on social media)
- Friday 10th May-** YR5 Forest school AM.
- Friday 24th May-** May Day 1.30pm-3.30pm.
- Monday 27th May- Friday 31st May-** Half term week.
- Monday 3rd Jun-** Inset day.
- Tuesday 4th Jun-** School starts back.
- Thursday 6th Jun-** Yr 5&6 IMPS trip to The John Radcliffe hospital.
- Tuesday 11th June-** Orchestra performance at Radley- Jade and Moonstone music groups.
- Wednesday 12th June-** Yr 3&4 Quad kids 9.00-12.30.
- Thursday 13th June-** Yr 5&6 Quad kids 9.00-12.30.
- Wednesday 3rd Jul- Friday 5th July-** Moonstone Residential to Youlbury.
- Friday 19th Jul-** Summer concert at WADSCC 9.30am.
- Tuesday 16th July-** Whole school activity day (all day) - P.E kits.
- Wednesday 24th July-** School finishes 1.30pm- **NO ASC.**

Parents/carers-

Dear parents/carers,
Welcome to the Summer term. As ever it has been lovely to welcome you all back to school after a long Easter break. A huge highlight for the children has been the fact that they are now able to play on the grass again after months of rain and soggy ground. Playtimes have been harmonious and happy with lots of den building, daisy chain making and football - let's just hope it gets a bit warmer soon!

Zones of Regulation



On Monday's Collective Worship we discussed the Zones of Regulation again.

The Zones of Regulation is an internationally renowned intervention which helps children manage their emotions. At Wootton we use the Zones of Regulation throughout the whole school. The zones provide a framework for our children to develop self-regulation.

Children learn to identify emotions, recognise events that might make them move to a different zone and use the tools they have learnt to help them remain or move to a particular zone to help them regulate how they are feeling.

What are the different Zones?

Blue Zone: low level of arousal, not ready to learn, feels sad, sick, tired, bored

Green Zone: calm state of alertness, optimal level to learn, feels happy, calm, focused

Yellow Zone: heightened state of alertness, feels frustrated, worried, silly/wiggly, excited

Red Zone: heightened state of alertness and intense emotions, not an optimal level for learning, out of control, feels mad/angry, terrified, yelling/hitting, elated

We teach the children that everyone experiences all of the zones. The Red and Yellow Zones are not 'bad' or 'naughty' zones. All of the zones are expected at one time or another. The Blue Zone, for example, is helpful when you are trying to fall asleep. However, we remind the children that we can make others feel comfortable and safe when we are in the expected zone at the expected time. We discussed how the Green Zones is

the best zone for learning and that there are strategies that we can use to help us get into the Green Zone.

How can you help yourself?			
<p>The BLUE zone</p>  <p>How might you feel?</p> <p>sad tired bored moving slowly</p> <p>What might help you?</p> <p>Talk to someone Stretch Take a brain break Stand Take a walk Close my eyes</p>	<p>The GREEN zone</p>  <p>How might you feel?</p> <p>happy okay focussed ready to learn</p> <p>What might help you?</p> <p>The goal of this exercise is to get to the GREEN zone. What can you do to be happy, calm and ready to learn?</p>	<p>The YELLOW zone</p>  <p>How might you feel?</p> <p>nervous confused silly not ready to learn</p> <p>What might help you?</p> <p>Talk to someone Count to 20 Take deep breaths Squeeze something Draw a picture Take a brain break</p>	<p>The RED zone</p>  <p>How might you feel?</p> <p>angry frustrated scared out of control</p> <p>What might help you?</p> <p>Stop what I'm doing Make sensible choices Take deep breaths Ask for a break Find a safe space Ask for help</p>

If you would like to find out more about the Zones of Regulation you can follow these links:

- <http://www.zonesofregulation.com/>
- <https://www.theottoolbox.com/?s=zones+of+regulation>
- <https://hes-extraordinary.com/the-zones-of-regulation>

Is my child to ill for school?

There are still lots of coughs, colds and tummy bugs doing the rounds at the moment but we still need to try and ensure all children attend school at least 95% of the time. If you are unsure as to whether to send your child to school please follow the information below:

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

The School Shield



Little Gems – Beth for being so enthusiastic with her learning. Brilliant Beth 😊

Opal – Nina for being really focused on her writing and using her fantastic Phonics knowledge. Amazing work Nina 😊

Jade – Larsson for his excellent experimenting in Art and for his excellent writing in English. Great work Larsson 😊

Moonstone – Kayson for his fantastic work and vocabulary in Geography. Fantastic Kayson 😊

This Week's ask me about??

Little Gems – Lions in the Wild.

Opal – Our new book Hermelin.

Jade- Computer programing with Logo coding language.

Moonstone- Different parts of the Heart.



Math's Master

Little Gems – Eli for joining in so nicely when we count as a class.

Opal – Imelda for finding $\frac{1}{4}$ and $\frac{1}{2}$ of a quantity.

Jade – Oscar for his excellent Multiplication and determination to improve his tables.

Moonstone – Julia for accurately measuring angles.

School attendance-

Little Gems- 87.43%

Opal- 98.62%

Jade- 95.00%

Moonstone- 92.69%